

ST. BARNABAS PARISH

WEEKLY BULLETIN | 29TH SUNDAY IN ORDINARY TIME

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THE VIRTUE OF CHASTITY

Indeed, the pursuit of wholeness impinges on every aspect of human life. I try to shed light on this by dealing with a list, by no means exhaustive, of tensions apt to mark our lives at one time or another: The tensions between body and soul, male and female, order and disorder, freedom, and asceticism. We must live these tensions, grow through them. New dimensions of experience will open up before us. Chastity, which initially can seem to spell constraint, will reveal itself as broad strength full of sweetness. This holds for romantic relationships, but also for friendship, and for the relationship between parents and children. Pope Francis has written wonderfully about the need for chastity in parents. He explains it as a resolve not to instrumentalize their children — not to give in to the illusion that their children are their property through which they may realize themselves. By developing this line of reasoning, we might even say that chastity has a political dimension. It's a matter of being rooted in the real. Having made the statement [you cite], I go on to say, I think, what most of us ascertain if we're honest: That virtue does not come easily to us. When we try to practice it seriously, over time, we find that sin's wounds cut deep. They condition us to fail of our purpose. Even as we labor to learn charity, patience, courage, and so forth, we must labor to become chaste, letting grace do its slow, transformative work, choosing to cooperate with it. Short of fulgurant exceptions, growth in grace, like other growth, is organic. It happens slowly, secretly, we know not how. But it does, in time, bear fruit. It takes effort, humility, and patience to learn to make of the exceptional a norm. But what a joy when we realize that such transition can happen with God's help. - *Bishop Varden, 'To be chaste is to be whole', Pillar article*

Parish Schedule

MASS SCHEDULE

Weekday Adoration: 8:00 AM - 8:30 AM

Weekday Mass:

Monday: 9:00 AM (Ad Orientem)

Tuesday: 9:00 AM

Wednesday: 9:00 AM & 7:00 PM (Ad Orientem)

Thursday: 9:00 AM

Friday: 9:00 AM (Ad Orientem)

Saturday: 9:00 AM

Weekend Mass:

Saturday: 4:30 PM

Sunday: 9:00 AM, 10:30 AM, 12:15 PM, and 7:00 PM

CONFESSION SCHEDULE

Monday to Saturday at 8:30 AM - 8:55 AM

Wednesday at 6:00 PM - 7:00 PM

Saturdays at 3:30 PM - 4:30 PM

OFFICE HOURS

Monday - Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 6:00 PM

Pastoral Team

Fr. Hansoo Park, Pastor

hpark@archtoronto.org | 416-298-0989 Ext 201

Fr. Samoj Sunny, Associate Pastor

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Fr. Fraser McLaren, Associate Pastor

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Deacon Eustace Beausoleil, Permanent Deacon

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stbarnabassyouth@archtoronto.org | 416-298-0989 Ext 205

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StBarnabasSC@archtoronto.org | 416-298-0989 Ext 204

Aaron Fernandes, Coordinator of Formation & Evangelization

aaron.fernandes@archtoronto.org | 416-298-0989 Ext 204

MASS INTENTIONS

SUNDAY, OCTOBER 22, 2023

4:30 PM (Sat. Vigil): Lydia LANGHORNE †
 9:00 AM: Paulina FEDERIGAN †
 10:30 AM: Baby Alonzo Cairo ROZAL †
 12:15 PM: Liwayway ROMAN †
 7:00 PM: Special Intentions of Celine D'Silva

MONDAY, OCTOBER 23, 2023

9:00 AM: Hilda CELINO †

TUESDAY, OCTOBER 24, 2023

9:00 AM: Special Intentions of Lena De ZILVA

WEDNESDAY, OCTOBER 25, 2023

9:00 AM: Thanksgiving of Michael & Therese MARTIL
 7:00 PM: Violeta CALANTUAN †

THURSDAY, OCTOBER 26, 2023

9:00 AM: Lydia CARMONA †

FRIDAY, OCTOBER 27, 2023

9:00AM: Special Intentions of Seron NAGENDRAN

SATURDAY, OCTOBER 28, 2023

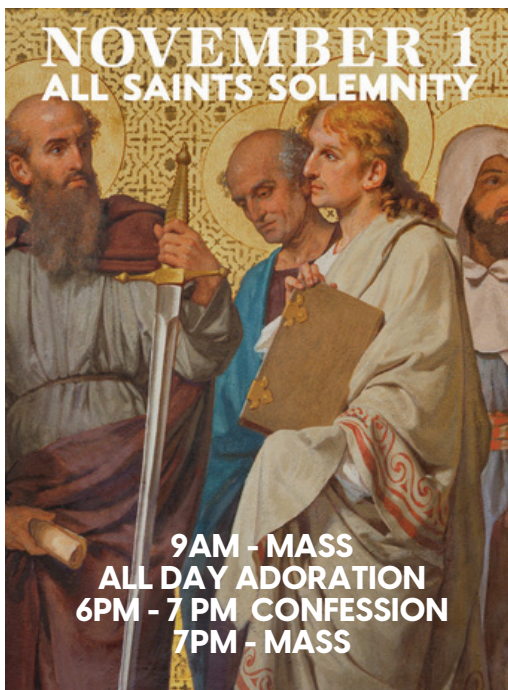
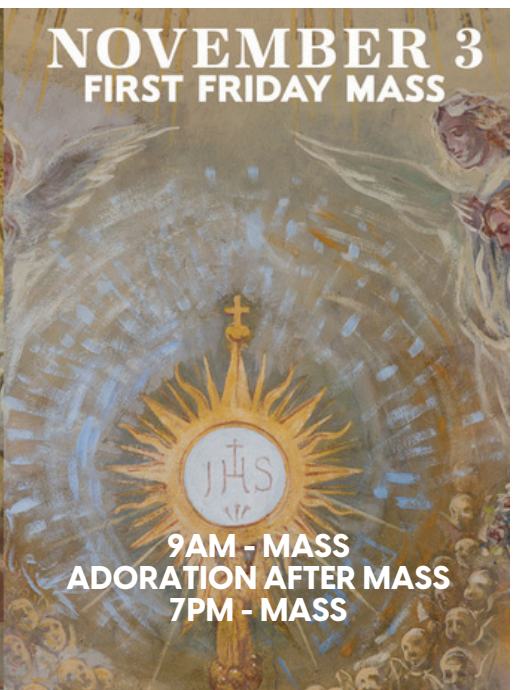
9:00 AM: Community Memorial Mass

NAMES OF THE SICK

Rosemary ABDOOL Lydia ABRAZALDO Amelia ANTONIO Luisa ARIOLA Jen ATKINSON Horacio AVANZADO Vida BAILEY Al BANZON Katelyn Hope BAUTISTA Monica BAUTISTA Stewart Nicholas BEAUSOLEIL Lita BEDFORD-JAMES Julita BRAVO Milagros BRINAS Cleone BYGRAVE Theresa CALDERON Crescensia CASTANEDA Terry CHAN Matilda CHARLES Anushka CHELLIAH Bodhi CHELLIAH Trevor CHUNG Sera COLACO Martin CORSANO Jerwin Cruz CORTEZ Jack CRAWFORD Dawn CRITCHLOW Carmalita CRUZ Divina DE LEON Maureen DALEY Emmanuel DE LEON George D'SILVA Adoracion DACANAY Epifanio DACANAY Freddie DACANAY Elizabeth Fe DACANAY Charlie DEISCHTER Salvador DE LEOZ Julietta DE LEOZ Nikita DeSILVA Jannette DEMPSEY Ampy DECHOSO Christina DELINOR Arya Cali DIAZ Felicitas DISMAYA Jacquelin DUMEICHEN Teresita ESMAO	Milagrina ESMAS Veronica ESPANO Carrol FERNANDES Sabino FERNANDES Emmanuel FERNANDO Columba FREDERICK James FRASER Teresita FONTANILLA Abigail FORBES Rolando GARBINO Barry GILL Nathan GIRDHARRY Gem GOUVEIA George GRAY Sean KUA Bernard OSEI-KWABENA Robert HENRIQUE Vernon HOFFMAN Renate HOFFMAN Tina HOLLOWAY Summer HOLLOWAY Robbie HOJILLA Leonardo IGNACIO Joan IRONSIDE Sheldon IYENGAR Henry JACOT Lorraine JOHNSON Danilo Batara JOSE George JOSEPH Ruth LABAO Josefina LAGMAN Martinah LLANES Consuelo LOPEZ Maria Lourdes LUZ Audrey Mendonca LUCAS Bienvenido MABBAYAD Noli MABABANGLOOB Allison MAGPAYO Willex MAGPAYO Miguel MAGTIBAY Brian MARTELL Alisha MATHLIN John McGARRY Betty McNEIL Darrell McNEIL Glenda McNEIL Constance MENEZES Lipika MITRA Linda MOORE	Andreyana NAZAL Winston NEWMAN Collette O'DONNELL Denise ORTIZ Marie ORTIZ Kyle PAGUIA Mary Ann Ibhana PALOMARES Mary Thimen PAN Cecilia Hwa PAN Victo Juann PAN Divya PATEL Josue PEREZ Miranda PINTO Merlyn RAYMOND Claudette RAMOS Michael REID Noberto REYES Ernie RICAFORT Maricar ROBERTO Elanor RODRIGO Faye SALAMILLAS Kathy SAMUELS Zosimo SANCHEZ Lourdes SANTIAGO Domingo SANTOS Karen SANTOS Metarita SEARS Caril Chen SEE Cynthia SIRIRAM Winston SPARROCK Alan SPENCER Lynn SPENCER Nathaniel SPENCER Cecile SILVERIO Vicky SUAREZ Bob STEELE Norma STEELE Jovito TAMAYO Rowena TELAN Cecil TUAZON Adelia UYGUANGCO Romeo UMALI Christiana VELINOR Jalen VELINOR Estrella VILAR Levon WILLIAMS Jeanette WILTSHIRE Franklyn WYKE Conrado YABUT
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If you would like to include the name of your sick family member, kindly send us an email through stbamabassc@archtotonto.org or give the parish office a call.

NOVEMBER SCHEDULES

 <p>NOVEMBER 1 ALL SAINTS SOLEMNITY</p> <p>9AM - MASS ALL DAY ADORATION 6PM - 7 PM CONFESSION 7PM - MASS</p>	 <p>NOVEMBER 2 ALL SOULS DAY</p> <p>9AM - MASS ALL DAY ADORATION 7PM - MASS</p>	 <p>NOVEMBER 3 FIRST FRIDAY MASS</p> <p>9AM - MASS ADORATION AFTER MASS 7PM - MASS</p>
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A N N O U C E M E N T S



YOUTH MINISTRY IS HAPPENING!

We invite all youths to join us in our **Edge and Lifeteen Ministries**. **EDGE Nights** every **2nd & 4th Friday** and **LIFETEEN Nights** every **2nd and 4th Saturday**, 6PM - 9PM. Registration Link for EDGE is <https://tinyurl.com/EDGESTB2024> and LIFETEEN is <https://tinyurl.com/STBLIFE2022>



YOUNG ADULTS MINISTRY

Our next Young Adults is on **November 16**, Thursday. We are diving deeper into the series of **Theology of the Body**. We invite all young adults ages 19 - 35 to join us from 7PM - 9PM. Register here: <https://bit.ly/3R08XYo> If you have any questions, you can contact **Fr. Fraser** at **416 - 298-0989 ext. 203**

LIFE IN CHRIST SEMINAR

Are you seeking a deeper connection with your faith and a more meaningful life in Christ? We are excited to invite you to our Life in Christ Seminar, a transformative journey that will bring you closer to God and help you live a life filled with purpose and joy. **5 Tuesday Nights, from 7PM - 9PM at St. Barnabas Parish, starting October 31, 2023.** To register, you can go to: <https://form.jotform.com/stbarnabasto/LCS2023>. For more information, please contact **Kit Galema** at ksgalema@gmail.com



ZUMBA & LINE DANCE IS BACK IN SEASON!



We invite all parishioners to join us in our Zumba and Line Dance Sessions starting **November 5** from **2:00PM - 4:30PM (an hour per program)** for **11 sessions**. The **registration fee is \$15.00** per session. If you register for both on all sessions, you will getting \$20.00 discount. **Registration is this weekend until the beginning of the session.**

SACRAMENT CONFIRMATION: PARENT'S ORIENTATION

Inviting all parents with childrens **grades 7-8** who are interested in the Sacrament of Confirmation. We will be having our **Parent's Orientation** this coming November and you have 2 options: **November 8, from 7:45 PM - 8:45 PM** and on **November 11 from 3PM - 4PM**, both will be held in the parish hall. No registration needed. Please take note that **you don't need to attend both**. If you have any other questions, you can contact **Kim Marania**, at **416-298-0989 ext. 205** or at stbarnabasscyyouth@archtoronto.org.



F R O M T H E A R C H D I O C E S E



OFFICE OF VOCATIONS: COME & SEE

Inviting all single men 18 years or older to consider and discover their calling this **November 17-19**. Experience communal prayer, hear discernment stories, enjoy fellowship with seminarians and priests, and spend time with Archbishop Francis Leo. For more information, email the Office of Vocations at vocations@archtoronto.org or register at vocationstoronto.ca/comeandsee



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